

**CGGBC GENERAL RELEASE OF LIABILITY ACKNOWLEDGMENT FORM 2019-
2021-2022**

NOTICE: This General Release of Liability (“Release”) may limit or eliminate rights afforded to you by law. You should fully understand its contents before signing.

I, _____, (the “Member”) of Capital Gymnastics Girls Booster Club (“CGGBC”), in consideration of being a member of CGGBC, the receipt and sufficiency of which are hereby acknowledged, do hereby release, remise any claims, and forever discharge and hold harmless CGGBC, its successors, assigns, administrators, employees, agents and vendors, (collectively “CGGBC”), and release, remise any claims, and forever discharge and hold harmless CGGBC, whether originating in the gym (Capital Gymnastics National Training Center, 10400 Premier Court, Burke, VA 22015) United States or elsewhere, from any and all liability, including but not limited to direct, indirect, special, consequential or liquidated claims that result from personal property left on the premises at the gym, actions of the parties named herein or any third parties, of and from all, and all manner of action and actions, cause and causes of action, suits, sums of money owed as a result of a judgment or refund, covenants, contracts, controversies, agreements, promises, damages, judgments, extents, executions, claims, and demands whatsoever, in law or in equity, that Member ever had, now have or which heirs, executors, or administrators of Member hereafter can, shall or may have for upon or by reason of any matter, cause or thing whatsoever from the beginning of the world to the day of the date of these presents. Rights against parties not named herein are reserved.

This Release shall be governed by and construed in accordance with the law of the Commonwealth of Virginia where both CGGBC and the gym are situated. In the event of any dispute under or arising from this Release, the parties hereby agree to arbitrate their claims within Fairfax County, Virginia and in accordance with the American Arbitration Association guidelines as the sole forum to resolve the dispute. In the event that any panel or other body finds any single provision of this Release to be invalid, unlawful or against public policy, such a finding shall not invalidate the rest of the Release and the invalid portion of the Release shall be severed from the valid portion of the Release. I have read and understand and specifically agree to all the language in this General Release. I understand that, by signing this release, I may be giving up rights afforded to me by law and willingly and voluntarily do so.

I certify by my signature that I am at least 18 years of age and have full mental capacity to enter into the Agreement.